



Our Infinite God

His Strength

Lesson 7

Notes for Discussion Groups

II Samuel 22:32,33 *For who is God, save the LORD? And who is a rock, save our God? God is my strength and power: and He maketh my way perfect.*

Noah Webster's 1928 American Dictionary states many definitions for strength, here are a few: 1. the property or quality of an animal body by which it is enabled to move itself or other bodies. 2. Firmness. 3. Power or vigor of any kind. 4. Support. 5. Power of mind. 6. Spirit. 7. Force of writing (strength of words).

Discuss with your group the different ways strength can be displayed while keeping in mind some of the descriptions above.

Read II Corinthians 12:9

What did God tell Paul?

Paul had many different situations wherein he called upon the Lord for strength. Discuss some of these situations. What kind of help did God give Paul when he cried out to Him? i.e. physical, comfort, etc.

Read Psalms 138

Where does our strength come from?



Meditate on how God has manifested his Strength in your life.

Despite the appearance of a hopeless situation, how has God strengthen you? What Scriptures has He given to you that give you strength?
