

A Model for Today: The Proverbs 31 Woman

Mission Valley Christian Fellowship
Winter 2008 Women's Study
with Sandra Giovinetti

Lesson Two, Week Three

Trustworthy and Stable: He doth safely trust in her

Pray right now that the Lord would purify your heart as you complete this study, and that He would reveal exactly what He has for you in this lesson.

*The Hebrew word for trust translates
“to be of good courage, to take heart and to feel confidence”*

Read Proverbs 31:11

1. What does this verse mean to you?

2. Why is trust important in any relationship? Why should we strive to be trustworthy if we want to follow the model of the Proverbs 31 woman?

Read Malachi 2:14-15

3. Why is it especially important for our husbands to trust us?

MEMORY VERSE FOR THIS WEEK:

The heart of her husband doth safely trust in her, so that he shall have no need of spoil.

—Proverbs 31:11
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4. (Personal) Can your husband trust you in the following areas? Note what areas you will prayerfully ask for help in.

--Finances

--Children

--Your Words/Reputation

--Your Organization/Follow-through

--Your Emotions/Stability

--Your Judgment/Decisions

--Love for him

Read Philippians 4:13

5. Do you trust in yourself to be worthy in these areas? How can we grow and mature in our trustworthiness?

Read Psalms 40:4, 56:11, 84:12 and 118:8

6. Where should we place our trust?

Read Matthew 19:26 and Philippians 4:13

7. Do you have confidence in your ability to get things done/avoid procrastination? Where can we find help in this area?

Digging Deeper

Read Genesis 3:6, 1 Kings 11:4, 1 Kings 21:25, Job 2:9, and 2 Samuel 6:16

1. What can happen when a wife misguides her husband? Use the back of this sheet to give your answer.

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