

# A Model for Today: The Proverbs 31 Woman

Mission Valley Christian Fellowship  
Winter 2008 Women's Study  
with Sandra Giovinetti

## Lesson Five, Week Six

*She makes herself coverings of tapestry  
...strength and dignity are her clothing  
Proverbs 31:22-26*

*Pray right now that the Lord would purify your heart as you complete this study, and that He would reveal exactly what He has for you in this lesson.*

Read Luke 10:27 and 2 Corinthians 10:5

1. How should we “clothe” our minds?

Read Isaiah 61:3, 1 Timothy 2:9, Titus 2:5, and 1 Peter 3:3-4

2. What are the most important things to remember when considering your wardrobe?

Read Isaiah 61:10

3. What's the most important thing to be “covered” with?

Read Ephesians 6:13-17

4. What else should we “put on” before we start our day?

### **MEMORY VERSE FOR THIS WEEK:**

*She openeth her mouth with wisdom; and in her tongue is the law of kindness.*

-- Proverbs 31:26  
Lesson Five

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Read Proverbs 18:21, 31:26, and 34:13; Ephesians 5:4; Colossians 4:6; Titus 2:8; James 1:26, and 1 Thess 4:11-12 and 5:11

5. How can we stay “wise in speech?”

Read Ecclesiastes 28:17, Proverbs 6:2, and Matthew 12:36-37

6. What can happen when we don't mind our tongues?

Read Proverbs 22:1, Romans 1:8, 1 Timothy 5:10, 2 Timothy 2:15, and Colossians 4:5

7. Why is it important to do what we can to have a good reputation?

## *DIGGING DEEPER:*

Read 1 Samuel 1 and Matthew 5:39

1. How did Hannah respond to the cruel things that were said to her? How should we respond to such things?

Read Proverbs 10:11, and then the story of Abigail in 1 Samuel.

2. How did Abigail use wise words to correct a dangerous situation?

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