

## God's Promise of Friendship and Protection – Part Two

### *Thou Preparest a Table Before Me in the Presence of Mine Enemies*

### *Thou Anointest My Head with Oil; My Cup Runneth Over*

As a shepherd, David used oil to bring comfort to his flock. As long as they stayed near to him, David would have used oil to dress their wounds, supplement their diet, and to keep the flies away. He would do for them what they were helpless to do for themselves. David's statement that God anointed him with oil tells us that he felt God comforting him, caring for him, doing what David could not do for himself. And, not only was God meeting David's needs, He was exceeding David's expectations!

There are many places in His word where God tells us He will more than meet our needs. All that is required of us is to believe and obey; that we keep close to Him. It's when we wander away that we find ourselves becoming uncomfortable and getting into trouble. Praise God that, as our Great Shepherd, He is always ready for us to run right back to Him in search of His comfort, mercy, and grace.

**Study Questions** – *begin with prayer and ask God to open your heart and mind. Be honest with yourself and with God. There are no right or wrong answers.*

1. "...my cup runneth over." What does that mean to you?
2. What would your life be like if God did not provide for and care for you?
3. When you are disquieted or upset – what can you do to seek comfort from God?
4. When you are frustrated or upset – at what point do you turn to God for help?

## **He is the Great Shepherd - Week Ten**

Mission Valley Christian Fellowship

Spring 2007 Women's Study

with Sandra Giovinetti

5. Why do you wait so long?

Read: Psalm 40:8, Psalm 73:25, 1 Corinthians 2:16

6. When we have the "mind of Christ" how might we react toward the source of our frustration?

7. Write a brief prayer you can use to call upon the "oil" of God's Spirit.

8. How many times do you expect you'll need to pray this prayer during the week?

9. When you call upon God in this way, what results should you expect?

Read: Romans 7:23, Romans 8:7, James 4:4-8

10. Without the Holy Spirit and the mind of Christ, we are easily contaminated by the world. What does this do to our relationship with God?

11. How do you behave when you are being "worldly minded"?

12. How does God see you at that moment?

Read: Romans 14:17, Romans 8:28, Galatians 5:13

13. How do you fight God's call to come back to Him and His comfort? Why?

Read: 1 Corinthians 3:19, 1 Corinthians 7:31

14. How can a worldly mindset affect you long term?

Read: Deuteronomy 31:6, John 16:33

15. (*Personal*) God is strong enough to overcome the world and its influence on our lives. Write a prayer ask Him to save you from the world.

Read: Matthew 10:29, Matthew 19:26, Luke 1:37

16. What need do you have that is too small to ask God about?

17. What need do you have that is too big for God to handle?

18. How does this knowledge bring you comfort?

